



Pickle and Padel in a Smooga

Confused? Don't be. Pickleball and Padel, although with slightly different rules from each other, are very familiar...a sort of amalgum of tennis, squash, badminton, table tennis and water polo (I made up the last bit).

You may already have portable, junior tennis nets and various lightweight striking balls and perhaps even bats/raquets/rackets/sticks, you get my drift.

If not, nip to your current supplier and get yourself some because these types of games are a fantastic way to use your Smooga arena for an inclusive and fun session of games and PE.

Although Padel when played to the letter of their laws use a 'cage' and the walls come into play, an enclosed area such as a Smooga allows the game to flow and stops the ball from running away. Both Pickleball and Padel are usually played as 'doubles', with underarm serves and flexible ways of scoring...unless you're in a league who's going to know?

These simple and fun games will provide some variety in the lessons, some fun new terms and words, (you can't volley in the kitchen!) and perhaps some new bits of kit which will be used to their full potential.

Look up the laws yourselves, then discard them and adapt them to suit yourselves and go and have more fun in your Smooga Arena. www.smooga.co.uk

A few other things to do in a Smooga:

Football, Futsal, Hockey, Ringette, Street Hockey, Dodgeball, Kabaddi, Mini-Tennis, Pickleball, Padel Tennis, Kwik Cricket, Stoolball, Touch Rugby, Netball/Basketball, Gaga-Ball, Handball, Dance, Yoga, Drama, Maths (yes you can!).

Why have a Smart Multi Use Games Area or Smooga? (see what we did there?)

- **You will have a discrete space for playing games and sport**
- **A robust Smooga system will keep the ball in play allowing a continuous game. Rebounding the ball off the sides is part of the fun**
- **Its an inclusive space. A safe area for play and sports, separate from other children doing other things. A little bit of order within what can be a chaotic environment**
- **Optimising the use of outside space from various perspectives; use of space, use of time, extending the seasons by using it all year round**
- **Oh, and by the way...you can use your sports premium**

Have fun. Keith and the team.